



## Our Early Help Offer



At Forest & Elveden schools we recognise the importance of supporting our children and their families. Often a little support put in place quickly is most effective. To do this we need to work together.

Although we are an academy, we are still able to access the wide range of agencies and support networks provided by Suffolk County Council as outlined in the document 'Prevention and Early Help Strategy' and we are also able to buy in support e.g. family support workers, child counsellors, education psychologists etc.

If you or your child needs some support, you can access early help provision by contacting the school and speaking to the Headteachers, Deputy Heads/Assistant Headteacher, SENCo or Safeguarding & Welfare Officer. You can contact some of these agencies yourself if you wish and sometimes they will ask the school for a referral or more information.

Examples of the help available are:

- Activities Unlimited: For Families and children with additional needs and disabilities aged 0-18.  
<https://www.access-unlimited.co.uk/activitiesunlimited/>
- Children's Centres: For families with children 0-5; provide support, activities and information.  
<https://www.gov.uk/find-sure-start-childrens-centre>
- Family Information Service: First port of call for families looking for childcare and other services.  
<https://www.suffolk.gov.uk/children-families-and-learning/childcare-information-and-support-for-parents-and-providers/guidance-for-parents-and-carers/suffolk-family-information-service/>
- School Nursing Service: Promotes health and wellbeing in school to children and young people 5-19.  
<https://www.suffolk.gov.uk/children-families-and-learning/childrens-health/school-nursing/>
- Health Visiting Service: Provide a range of services for children and their families. Health visitors play a lead role in the delivery of a wide range of these services. <https://www.suffolk.gov.uk/children-families-and-learning/childrens-health/health-visiting/>
- Suffolk Youth Offending Service (Time to Change 8-14, and Challenge to Change 10-17): Children and young people at risk of committing, or who have committed an offence. <https://www.suffolk.gov.uk/community-and-safety/crime-and-public-safety/suffolk-youth-offending-service/>
- Sharing Parenting <http://www.sharingparenting.com/>
- Suffolk Young Carers <https://suffolkfamilycarers.org/young-carers/>
- One Life <https://onelifesuffolk.co.uk/our-services/lose-weight-children/>
- Emotional Wellbeing Hub [www.emotionalwellbeinggateway.org.uk](http://www.emotionalwellbeinggateway.org.uk)

Please remember, a problem shared is a problem halved. Speak to a member of staff if you have any concerns and we will help you to get the support you need.